

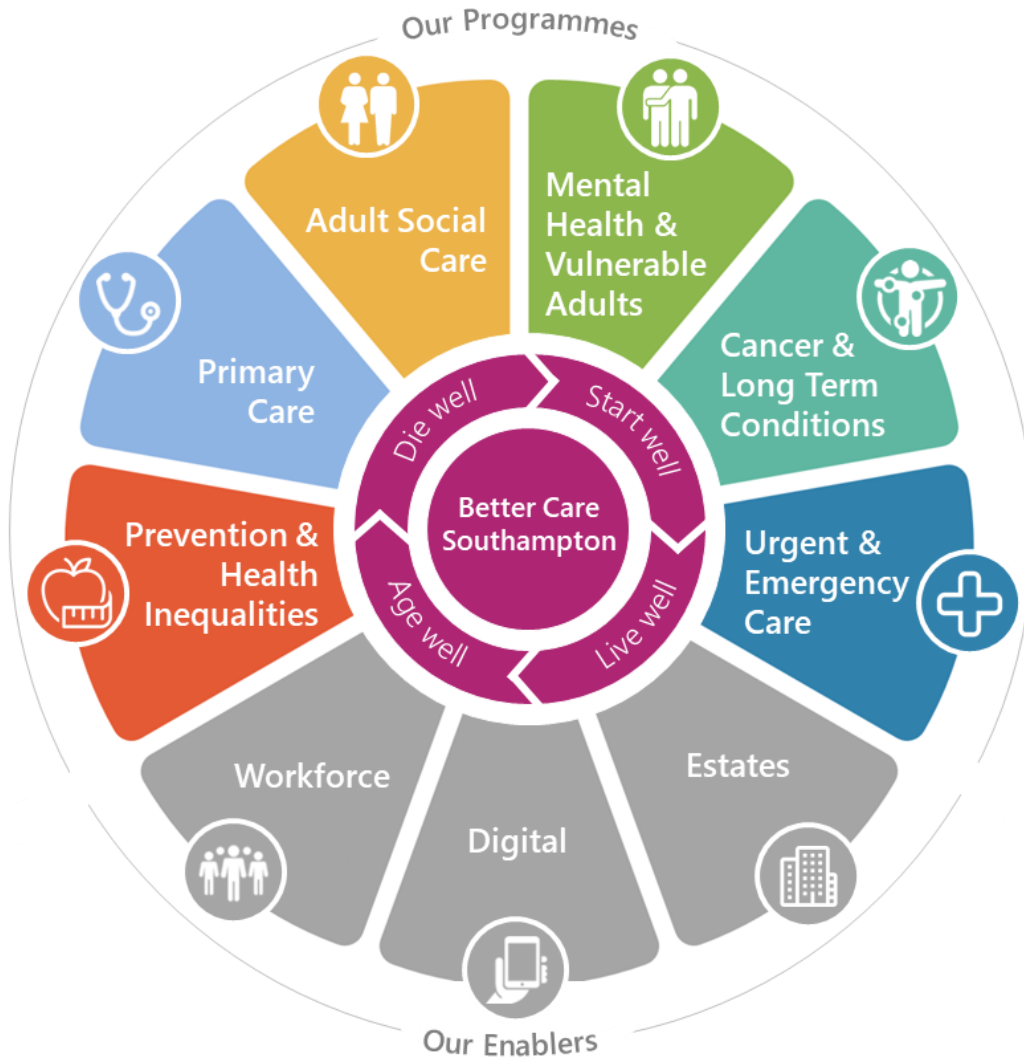
# Southampton City Five Year Health and Care Strategy

2020-2025

HOSP Update



# Southampton City Five Year Health and Care Strategy 2020-2025



## Our Vision

One city, our city, a healthy Southampton where everyone thrives

## Our Goals

- Reduce **health inequalities** and confront deprivation
- Give **children and young people** a strong start in life
- Tackle the city's '**three big killers**': Cancer, Cardiovascular and Respiratory
- Improve **whole-person care**
- Improve **mental and emotional wellbeing**
- Build resourceful **communities**
- Reduce variation in **quality and productivity**

## Our Mission

Effective system partnerships delivering safe, sustainable, coordinated care with the people of Southampton

## Our Health & Care Partners



# Our Programmes & Workstreams



## Start Well

- Child Friendly Southampton
- City-Wide integrated specialist services
- Maternity
- Extended Early Help Locality Teams
- Children with SEND
- Managing acute childhood illness outside of hospital



## Age Well

- Supporting people to stay well into older age
- Reactive care, recovery & reablement through integrated intermediate care provision
- Falls prevention
- Proactive care and support through integrated locality teams
- Enhanced Health in Care Homes
- Improving hospital discharge



## Die Well

- Supporting people to die in their preferred place of death
- Robust Fast-Track Processes
- Personalisation
- Continuity of care
- Bereavement care



## Prevention & Health Inequalities

- Encourage people to stop smoking
- Promote healthy weight and physical activity
- Encourage people to stop drinking too much alcohol
- Make Every Contact Count (MECC)
- Health in all policies
- Planning for health
- Tackle health inequalities
- Healthy settings



## Primary Care

- Improve access to primary care
- Improve the quality and sustainability of services
- Digitally-enabling primary care
- Population health
- Integrated, networked primary care
- Workforce & skills
- Fit-for-purpose, modern estate



## Adult Social Care

- Supporting people to help themselves
- Creating stronger communities for Southampton to be a city that supports greater wellbeing
- Meeting peoples' ongoing needs through high-quality, good value personalised support
- Training & IT



## Mental Health & Vulnerable Adults

### Mental Health:

- Perinatal Mental Health
- Common Mental Illnesses
- Serious Mental Illnesses
- Crisis Care & Liaison
- Suicide Reduction
- Older People's Mental Health
- Inpatient Care
- Rough sleepers support

### Vulnerable Adults:

- Homelessness
- Substance Misuse
- Sex Workers
- Domestic & Sexual Abuse
- Modern Slavery
- Hoarders

### Learning Disabilities & Autism



## Cancer & Long Term Conditions

### Cancer

- Increasing Screening
- Earlier Diagnosis
- Improving Cancer Pathways

### Long Term Conditions

- Cardiovascular Disease
- Respiratory Disease
- Diabetes



## Urgent & Emergency Care

### Pre-Hospital Urgent Care

- Public communications & engagement
- Integrated Urgent Care, including NHS111
- Enhanced and Urgent access to Primary Care Services and Urgent Treatment Centre

### Hospital Emergency Care

- Same Day Emergency Care
- Internal A&E processes
- Improving flow
- Ambulance Pathways



## Workforce

- Planning the workforce needs of tomorrow, today
- Creating a great place to work
- Attracting and developing talent
- Developing an employment experience which works
- Developing empowering leaders



## Digital

- Making best of new technologies
- Making best use of population health analytics
- Exchange and use of data and information
- Improving infrastructure

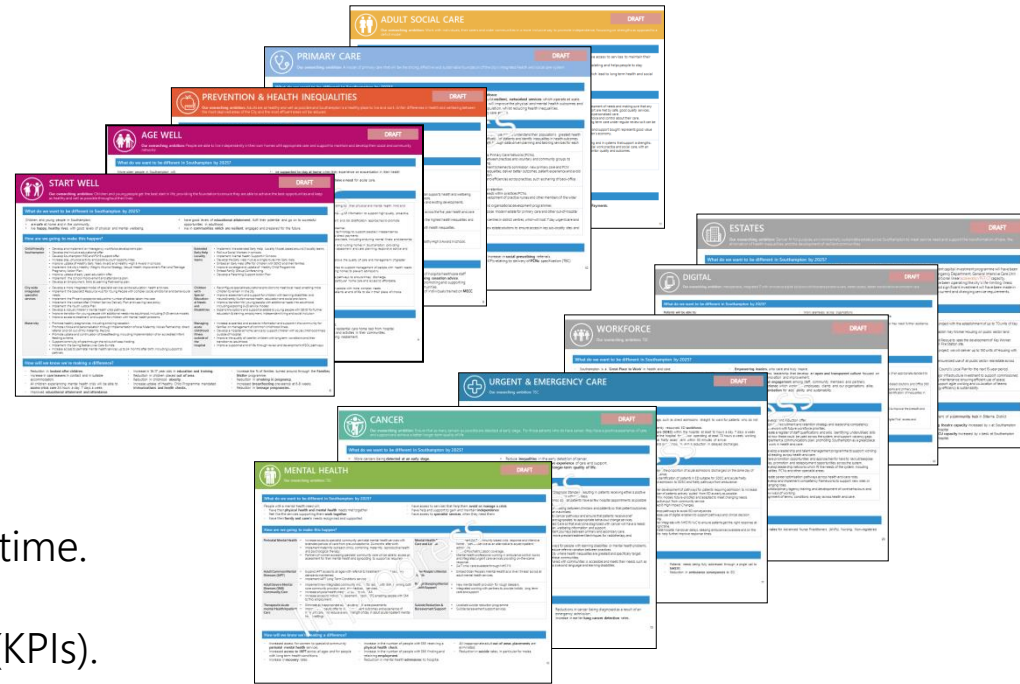


## Estates

- RSH & WCH Campus Optimisation
- Locality Hubs & Primary Care Estate Optimisation
- Housing with Care
- Key Worker Housing
- Provider Trust Estate Strategies
- One Public Estate & Local Plan Development

# Where are we now?

- **Draft five year plans** have now been developed for each programme.
- Each programme plan has focused on:
  - The **current challenges** in Southampton.
  - The **root causes** of these challenges.
  - What we want to be **different** in five year's time.
  - **How** we're going to get there.
  - How we'll **know** we're making a difference (KPIs).
- The plans are currently being reviewed and further refined.
- The **governance structure** for the strategy is in place. The Better Care Southampton Board will have oversight of delivery of the strategy. Subgroups (new and existing) are in place for each of programme, which are responsible for developing and implementing the five year programme plans. The subgroups will regularly report progress into the Better Care Southampton Board.



# What happens next?

